

THE ENERGY WITHIN

A Special day with Susan Phoenix & Barbara Whiteside

The Heights Hotel, Isle of Porland. Limited spaces available!

Dont miss out. Book today.

23rd September 2017 from 10AM to 5PM







Ever wandered why you have those moments of instant knowing, deja vu, premonitions? sometimes feel outside the bubble of everyday life?

Join Susan Phoenix and Barbara Whiteside to go beyond space and time to remember your true self. Learn to accept your body and soul just as they are today.

- Do you want to feel centred?
- Savour the peace and quiet of the Jurassic Coast?
- Experience guided meditations, Past Life Regression & Aura Photos (optional)?
- Enjoy special available hotel rates with the energy within?

Forget your everyday concerns, sit and move with us to find your inner peace on Portland's ancient stone.

We will awaken old memories from this life and past lives. We will work on our inner widsom some encoded in our very DNA.

Our professional team will take you back to remember your roots and bring you forward, to move in tune with your soul and nourish your body for a day to reflect on the true nature of YOU.

WHERE:

The Heights Hotel, bar, bistro and coffee shop Yeates Rd, Isle of Portland DT5 2EN, UK.

meditation and move...

PRICE:

£65 including lunch & refreshments.

WHFN:

23rd September 2017 from 10am to 5pm

CONTACT:

For workshops bookings -www.susanphoenix.com/events For Hotel bookings call +4413505821361



Dr Susan Phoenix

The "unconventional psychologist", author, intuitive and energy healer. The traumatic death of her husband stimulated her research into the science behind spiritual practise. A consultant for complementary therapies for treating depression, specialising in bereavement and Past Life Regression.

Barbara Whiteside

Barbara has been reading Tarot for over 25 years. Her highly accurate interpretation of the cards and their messages has made her a sought after reader and energy worker. Her skill set includes Energy Healing Massage and working with her clients to rebalance and re-vitalise their Chakras.

